



DEPARTMENT OF THE ARMY
HEADQUARTERS, AIRBORNE & RANGER TRAINING BRIGADE
10850 SCHNEIDER ROAD
FT BENNING, GA 31905

ATSH-RB

[DTG]

MEMORANDUM FOR THE AIRBORNE AND RANGER TRAINING BRIGADE

SUBJECT: 31st Annual David E. Grange Jr. Best Ranger Competition [Insert unit] Competitors

1. The Soldiers listed below have been assessed and selected by the [Insert Unit] Commander to represent the [Insert Unit] in the 2014 Best Ranger Competition:

- | | | |
|----|-----------------------------|-------------|
| a. | RANK, Last name, First name | 111-11-1111 |
| | RANK, Last name, First name | 000-00-0000 |
| b. | RANK, Last name, First name | 222-22-2222 |
| | RANK, Last name, First name | 333-33-3333 |

2. The Soldiers listed above have successfully completed a unit physical fitness competition that included the following events:

- a. A Ranger Physical Assessment
 - i. 49 pushups in 2 minutes
 - ii. 59 situps in 2 minutes
 - iii. 5 mile run in 40 minutes or less
 - iv. 6 pullups
- b. 12 mile footmarch in 3:00 hours or less with minimum of 35lb rucksack plus water.
- c. Combat water survival assessment 15 meter swim in ACUs and boots.

3. The Soldiers listed above have successfully completed intravenous training and are certified by the unit medical officer in administer intravenous injection.

4. Please direct any issues and information to [Insert DIV G3 (or equivalent) POC information].

*NAME
*RANK, BRANCH
*JOB TITLE

*This memorandum be endorsed by the DIV G3 (or BDE S3 if unit is a separate BDE), NO EXCEPTIONS.